Morrison County Opioid Program
Opioid Abuse
A call to action
Opioid Abuse
• *The call to action.*

- The number of emergency room visits attributable to pharmaceuticals alone increased 97% between 2004 and 2008.

  - SOURCE: U.S. Drug Enforcement Administration
Opioid Abuse

• A real solution.
Prescription Drug Task Force functions:
- Community education
- Drug take-back events
- Community forums
- Coffee with a Cop
- Information sharing
In 2015, a Controlled Substance Care Team (CSCT) was formed within our primary care clinic.

SIM (State Innovation Model) grant received for $360,000 helped fund efforts.
Initial goals:

- Avoid early refills
- Encourage doctors to sign up for Prescription Drug Monitoring Program (PDMP)
- Review patient charts
- Ensure urine screens and pill counts completed
- Support providers by establishing care plans for all patients on controlled substances
Information Gathering

- Past medication history
- Substance abuse history
- Drug-related convictions
- PMP
- Family history
- Pharmacy review (if necessary)
- Review of appropriate dosing
- Facebook
- Mental health concerns
- Medication interaction
- ER visits
- Work history
- Diagnosis for medication
CDC guidelines

“...and should avoid increasing dosage to >90 MME/day, or carefully justify a decision to titrate dosage to >90 MME/day.”*

* This must be documented
Outcomes

In 2014, the #1 Emergency Department diagnosis was therapeutic drug monitoring.

As of Nov. 2015, Emergency Department diagnosis for therapeutic drug monitoring is no longer on the Top 20 list.

#1

#20
CHI Unity Family Health

- **Benzo units**: 5562
- **Narcotic units**: 22,254
- **Stimulant units**: 3053
Buprenorphine—Why did we start?

• 2016 National Prescription Drug and Heroin Summit
Physician Training/Preparation:

• 8 hour course
• [www.buppractice.com](http://www.buppractice.com)
• SAMHSA
• [www.samhsa.gov](http://www.samhsa.gov)
• XDEA
Morrison County Opioid Program

• Expanding Suboxone Program

• Allowing MAT in jails

• Changing Policy with Jail Medical Contractors
Our Story: Minnesota Hospital Association
Innovation in Patient Care
Our Story: American Hospital Association NOVA award
Morrison County Opioid Program

- Engaging Legislators

- $1,028,000 Minnesota Legislature for Pilot Programs
- State Targeted Response Grant
- 1 of 4 MN HUBS
THANK YOU!

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