

# AGS Beers Criteria

The AGS Beers Criteria are lists of certain "potentially inappropriate medications" for older adults

## Potentially Inappropriate Medications (PIMs) are...



treatments with risks that may outweigh their benefits

## The American Geriatrics Society (AGS)...



updates the Beers Criteria based on the latest research. The AGS is a group of 6,000+ healthcare professionals with expertise caring for older adults

## Fast Facts About Safe Prescribing for Older Adults



Prescriptions result in serious side effects (also known as "adverse drug reactions") for about 1 in 6 older adults



Percentage of people aged 65+ who have taken a prescription medication in the past 30 days



**\$7 BILLION**

Healthcare costs related to potentially inappropriate medications

The AGS Beers Criteria are a great starting point for discussing medication appropriateness and safety with your healthcare provider

Here are some tips for making the most of the AGS Beers Criteria recommendations



**Always ask your healthcare provider if you have questions about a medication**



**Be sure to report any new symptoms**



**Make a list of all medications (including supplements and over-the-counter medications) you take; bring it with you when you meet with your healthcare provider**



**Tell your healthcare provider if you have not been taking your medications regularly**



**Tell your healthcare provider if you are having any problems getting or using medication**

Learn more at [HealthinAging.org](https://www.healthinaging.org)